



Environmental declaration.

With this document, I, with DNI/NIE/PASSPORT: I have shown to be knowledgeable and to assume and respect the environmental commitments in force during my participation in the Ocean Lava Triathlon 2020 and that are detailed below:

- I assume that my participation in the next edition of the OCEAN LAVA 2020 race entails a commitment on my part towards respecting the ecological, environmental and ethnographic values of the place where the race is held, in accordance with the specific regulation of the place where that the competition and/or of all those restrictions derived from the environmental protection figures currently enjoyed by the place of the race unfolds.
- That I commit myself to comply with the environmental norms and protocols established by the Organization for the race in which I will participate, as well as willingly attend the indications that could be sent from the staff of the organization, security and emergency bodies and other people who are integrated in the development of the event. All this is a guarantee of conservation of the natural values that motivated the declaration of this natural space under a protection figure.
- I am informed (as stated in the regulations) and I accept that not complying with any or some of these environmental commitments could be grounds for disqualification of the race, taking into account the seriousness of the fault incurred, without prejudice to other responsibilities associated with the environmental protection regulations in force in the natural area in question.
- I will strictly follow the route stipulated by the organization, without abandoning the routes marked as safeguarding the natural conditions of the layout, flora and local fauna.
- I promise not to throw garbage or any type of waste during the entire course of the race, including those derived from containers of gels and own material that makes use. In case I must get rid of any waste, I will go to any of the bins located at the aid stations.
- I am aware that in the aid stations I will not dispose of disposable containers for the intake of liquids and / or to transport it during the race, so I will have to use my own containers (camelback, bike bottles, etc.).
- I will avoid emitting noises or shouts along the route, just as I will not use any sound element that could alter the natural habitat of species that are characteristic of the area, especially local birds sensitive to these actions
- Under no concept or reason can I alter the normal layout of the route leaving any mark or sign on the route that damages or modifies the natural state of the route.
- I will inform the people who accompany me during my participation in the race about their obligation to comply with all those recommendations and indications regarding environmental respect that the organization of the event diffuses publicly through different ways and procedures. I will also encourage them to follow me in the race from the different viewpoints established for this race.

Puerto del Carmen, on ____ of October 2020

Signature: _____